Choosing An Enteral Feeding Formulae

- **Documented malabsorption?**
  - i.e. short bowel syndrome

  - **Fluid/protein/or electrolyte restriction indicated?**
    - **Electrolyte restriction?**
      - i.e. hyperkalemic OR Protein restriction?
        - i.e. renal failure (no dialysis) OR decompensated liver failure (encephalopathic despite maximum therapy)
          - **YES**
          - Renal formulae: i.e. Novasorce Renal®
          - **NO**
          - Fluid restriction?
            - i.e. dilutional hyponatremia
              - **YES**
              - Concentrated formulae: i.e. Resource 2.0®
              - **NO**
              - **YES**
              - High protein indicated?
                - i.e. Large burn injury
                  - **YES**
                  - High protein formulae: i.e. Promote®
                  - **NO**
                  - **YES**
                  - **NO**

- **YES**
  - Pre-digested formulae: i.e. Peptinex®

- **NO**
  - **NO**
  - **NO**

**PROTEIN RESTRICTIONS**
The priority in metabolically stressed patients is to provide optimal protein. A protein restriction (regardless of hepatic and/or renal function), is rarely indicated.